

June 2025 Activities

Monday 2	Tuesday 3	Wednesday 4	Thursday 5	Friday 6
8:30 AM- Crafting Group 9:00 AM Tai Chi Class 10:00AM -Bingo 11:00AM Clothes Closet 11:00 Bingocize 11:30AM- Lunch 1:00PM Line Dancing	9:00AM Quilters 9:00AM Seated Tai Chi 10:00AM Sponsored Bingo 11:00AM Dermascans 11:00AM Chair Yoga 11:00AM Blood Pressure Checks 11:30AM Lunch 12:00PM Summer Salads Class 1:00PM Cardio Drumming 6:00PM Good Ole Gospel Music Night	9:00AM- Geri Fit Exercise 9:00AM- Sewing 10:00AM -Bingo 11:00AM Pressure Canner Lid Testing 11:30AM Lunch 12:00PM- Mahjong 1:00PM Huntington Safe Banking Bingo	10:00AM Bingo 11:00AM Bingocize 11:30AM Lunch 12:30 PM- Open Cards 2:00PM Craft Class	8:00AM Free Hearing Screenings 9:00AM Breakfast Buffet 9:15 AM Library "Pop Up" 11:30AM- Lunch 12:30 PM- Euchre 1:00PM Geri Fit Exercise
9	10	11	12	13
8:30 AM- Crafting Group 9:00 AM Tai Chi Class 10:00AM -Bingo 11:00AM Clothes Closet 11:00 Bingocize 12:00PM Pleasant City Site Activity 11:30AM- Lunch 1:00PM Line Dancing	9:00AM Quilters 9:00AM Seated Tai Chi 10:00AM Bingo 11:00AM Dermascans 11:00AM Chair Yoga 11:00AM Blood Pressure Checks 11:30AM Lunch 12:00PM Summer Salads Class 12:00PM Cumberland Site Activity 1:00PM Cardio Drumming 1:30PM Alzheimer's Support Group	9:00AM- Geri Fit Exercise 9:00AM- Sewing 9:15AM- Cleveland Baseball Game Trip 10:00AM -Bingo 11:30AM Lunch 12:00PM- Mahjong	10:00AM -Bingo 11:00AM Bingocize 11:30AM- Lunch 12:30 PM- Open Cards 1:00PM Chair Yoga	9:00AM Geri Fit 11:00AM Freezer Jam Class 11:30AM- Father's Day Luncheon 12:30 PM- Euchre 1:00PM Geri Fit Exercise Wear Purple for Elder Abuse Awareness Day
16	17	18	19	20
8:30 AM- Crafting Group 9:00 AM Tai Chi Class 10:00AM -Bingo 11:00AM Clothes Closet 11:00AM Bingocize 11:30AM Lunch 1:00PM Line Dancing	8:30AM Akron Zoo Trip 9:00AM Quilters 9:00AM Seated Tai Chi 10:00AM Bingo 11:00AM Dermascans 11:00AM Chair Yoga 11:00AM Blood Pressure Checks 11:30AM Lunch 12:00PM Summer Salads Class 1:00PM Cardio Drumming	9:00AM- Geri Fit Exercise 9:00AM- Sewing 10:00AM -Sponsored Bingo 11:00AM Canning Produce Class 11:30AM Lunch 12:00PM- Mahjong 12:00PM Old Washington Site Activity	10:00AM Bingo 11:00AM Guest Speaker 11:30AM Lunch 12:30 PM- Open Cards 1:00PM Chair Yoga 4:00PM-5:00PM Grab & Go Monthly Dinner 5:00PM Dine In Monthly Dinner	9:00AM Geri Fit 10:00 AM - 3:00 PM- Food Commodity Pick Up 11:30AM Lunch 12:00PM Euchre 1:00PM Geri Fit Exercise
23	24	25	26	27
8:30 AM- Crafting Group 9:00 AM Tai Chi Class 10:00AM -Bingo 11:00AM Clothes Closet 11:00AM Bingocize 11:30AM- Lunch 12:00PM Londonderry Site Activity 1:00PM Line Dancing 2:00PM Painting Class	9:00AM Quilters 9:00AM Seated Tai Chi 10:00AM Bingo 11:00AM Dermascans 11:00AM Chair Yoga 11:00AM Blood Pressure Checks 11:30AM Lunch 12:00PM Byesville Site Activity 12:00PM Summer Salads Class 1:00PM Cardio Drumming 4:00PM Byesville Dinner	9:00AM Geri-Fit Exercise 9:00AM Sewing 10:00AM Bingo 11:00AM Lunch Bunch Group at Dockside Restaurant 11:30AM Lunch 12:00PM Mahjong	8:15AM- Elvis Tribute Trip 10:00AM Bingo 11:00AM Bingocize 11:30AM Lunch 12:30PM Open Cards 1:00PM Chair Yoga 1:30PM Greeting Card Making Class	9:00AM Geri Fit 10:00AM Bingo 11:00AM Guest Speaker 11:30AM Birthday Luncheon 12:00PM Euchre 1:00PM Geri Fit Exercise
30				
8:30 AM- Crafting Group 9:00 AM Tai Chi Class 10:00AM -Bingo 11:00AM Clothes Closet 11:00AM Bingocize 11:30AM Lunch 1:00PM Line Dancing				

June 2025 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2 Baked Swiss Steak Mashed Potatoes w/Gravy French Style Green Beans Fresh Grapes Choice of Bread/Margarine Vanilla Pudding Choice of Milk	3 Fish w/Tarter Sauce Au Gratin Potatoes Baby Carrots Peaches Choice of Bread/Margarine Choice of Milk	4 Cheese Ravioli w/Meat Sauce Ceasar Salad Wax Beans Garlic Bread Strawberry Shortcake Choice of Milk	5 Baked Ham Sweet Potatoes Lima Beans Fresh Pear Choice of Bread/Margarine Choice of Milk	6 Stuffed Pepper Loaded Mashed Potatoes Asian Blend Vegetables 100% Fruit Juice Banana Nut Muffin Lime Jello w/Whipped Topping Choice of Milk
9 Baked Pork Chop Hashbrown Casserole Mixed Vegetables Apricots Choice of Bread/Margarine Choice of Milk	10 Sloppy Joe w/Bun Tater Tots Coleslaw Fresh Banana Choice of Milk	11 Garlic Herb Chicken Breast Thyme Roasted Potatoes Spinach Fresh Orange Dinner Roll/Margarine Choice of Milk	12 Cube Steak w/Mushroom Gravy Scalloped Potatoes Buttered Corn Fruit Cocktail Choice of Bread/Margarine Choice of Milk	13 Cheeseburger w/Bun Potato Salad Cucumber & Onion Salad Strawberry Glazed Bananas Oatmeal Cookie Choice of Milk
16 BBQ Beef Potato Wedges Creamed Peas Pear Choice of Bread/Margarine Choice of Milk	17 Chicken Divan Rice Pilaf Italian Blend Vegetables Ambrosia Salad 100% Fruit Juice Breadstick/Margarine Choice of Milk	18 Beef Stew w/Vegetables Buttered Noodles Sliced Apples Mixed Fresh Fruit Cup Choice of Milk	19 Roasted Pok Loin w/Gravy Parsley Buttered Potatoes Seasoned Green Beans Fresh Cantaloupe Dinner Roll/Margarine Choice of Milk	20 Salisbury Steak w/Gravy Sour Cream & Chive Mashed Potatoes Brussel Sprouts Tangerine Choice of Bread/Margarine Chocolate Chip Cookie Choice of Milk
23 Chicken Cordon Bleu California Blend Vegetables Cherry Crisp 100% Fruit Juice Knot Roll/Margarine Choice of Milk	24 Glazed Meatloaf Baby Baker Potatoes Succotash Blueberry & Blackberry Mix Choice of Bread/Margarine Choice of Milk	25 Country Fried Steak w/ Sawmill Gravy Yukon Gold Potatoes Buttered Peas & Carrots Tropical Fruit Choice of Bread/Margarine Choice of Milk	26 Chef Salad w/Ham, Turkey, & Egg/Dressing Grape Salad Beets Italian Bread/Margarine Brownie Choice of Milk	27 Pork Fritter Diced Potatoes Yellow Squash Watermelon Choice of Bread/Margaine Choice of Milk
30 Spaghetti w/Meatball's Broccoli Spiced Peaches Pineapple Tidbits Breadstick/Margarine Choice of Milk	We invite you to join us for lunch at the Guernsey County Senior Center from 11:30 am until 1:00 pm Monday – Friday. The Byesville Site serves lunch at 11:30 am. Monday—Friday. Pleasant City 11:30-1:00 pm Monday & Thursday, Cumberland 11:30-1:00 pm, Tuesday & Friday, Londonderry site serves at 11:30 on Monday, Tuesday & Thursday, and Old Washington site Wednesday & Friday from 11:30am-1:00pm. Dine-In or Grab & Go Options Available. If you have any questions about our nutrition services please call 740-439-5717 or toll free at 1-866-534-2349. Each meal includes a choice of white, wheat, or specified bread and a choice of either 2% or Skim Milk. Ingredient content can be found on our website at www.GuernseySenior.org. <i>*Menu subject to change depending on item availability.</i> This institution is an equal opportunity provider.			